

*Hope & Opportunity  
for brighter futures*

**We are**

**ACCESS**  
Esperanza Clinics



**2023  
ANNUAL REPORT**

# 2024 Board of Directors

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| Alexis Garcia     | Norma Ramirez            |
| Debra Goetz       | Lucia Thompson           |

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## Physician Volunteers

We are grateful to our volunteers for lending many hours of time and professional expertise to ensure quality care and provide vital health services for our patients.



**Dr. Fernando Otero**  
Medical Director



**Dr. Norma Garcia**  
Associate Medical Director



**Dr. Fredricka Borland**  
Breast Health Director



**Patricio Gonzales, MSSW-LMSW**  
**CEO**



We celebrated our 59th year of faithful service to our Hidalgo County families in 2023. We continue to hear gratitude from our current and former patients about how our family planning services have helped improve the quality of life for themselves and their families.

Through our services, families have planned for and welcomed healthy babies, people pursued their education and careers, and many received testing and screenings for early treatment and healthier lives.

Some patients have used our services to earn their diplomas or degrees, enabling them to better care for their families. Others have benefited from our life-saving cancer screenings, which have opened doors to early treatment and healthier lives.

I am honored to work with an exceptional staff and board team whose dedication and hard work make our Rio Grande Valley a healthier place to live.

## Senior Staff

**Patricio Gonzales, MSSW, LMSW**  
Chief Executive Officer

**Melinda Cruz**  
Clinic Operations Director

**Norma Garza**  
Chief Financial Officer

**Rachelle Chen**  
Lead Clinician

**Kathryn Hearn**  
Community Services Director

**Celeste Velasquez**  
Director of Grants & Evaluation

**Martha Leos**  
Education Supervisor

**Luis Heffner**  
Development Coordinator

## Clinics

**Rev. English Clinic & Administration**  
916 E. Hackberry Ave, Suites A & B,  
McAllen

**Rev. Bruce Galloway Clinic**  
1201 N. Conway,  
Mission

**Edinburg Clinic**  
302 S. Veteran's Blvd.

**Weslaco Clinic**  
901 S. James St.

# Our Patients

**16,477**

**Patients**

**25,246 Visits**

**85%**

**were females assigned at birth**

**94%**

**qualified by income for free services, based on their income.**

**43%**

**had 2 or more children**

**43%**

**had no children**



**73%**

**received or were using a contraceptive method.**



Planning futures! Our staff taught patients how to set their personal reproductive life goals to plan pregnancies balancing health, education, family, and careers.

Patients could receive a birth control method at their first visit. Ongoing patients were offered a year's supply of birth control or a long-acting method, such as the 3-year arm implant or a 5-12 year IUD.

Every clinic provided contraceptive supplies, including the pill (daily), patch (weekly), ring (monthly), shot (3 months), arm implant (up to up to 3 years), IUD (up to 12 years), condoms, and spermicides.

Emergency contraception (Plan B) was available at all clinics.

As needed, patients benefitted from basic infertility services, counseling on achieving pregnancy, and preconception services.

Most patients received a clinic appointment within 2 days.

# Medical Services

Our patients, regardless of their income or lack of insurance, deserve the best healthcare we can deliver. Our clinics continue providing excellent services through national protocols and medical standards.

**12,562** patients received a **wellness check-up** and as needed:

- Health & Wellness Assessment
- Physical Exam
- Counseling on Nutrition and Health Life Practices
- Screenings and Basic Management: Diabetes, Cholesterol, Hypertension, and Anemia



**76%**

received a clinical breast exam.

## Breast Health

- Clinical breast exams
- Vouchers for free diagnostic mammograms and sonograms (for people who qualified)
- Physician assessment of suspicious breast masses, with treatment plan as needed

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## Cervical Health

- Pap tests check for abnormal cells and possible cervical cancer; with HPV testing and typing
- Colposcopy to diagnose and Cryotherapy to remove abnormal cells before they become cancerous



**8%**

of Pap tests identified abnormal cells.



**73%**

received STI testing.

## Sexually Transmitted Infections

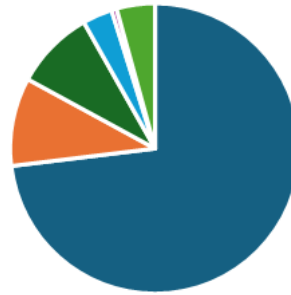
- In-house testing and treatment for chlamydia, gonorrhea, and syphilis
- Rapid and confirmatory HIV testing, with treatment referrals
- In-house lab and same-day results



## 2023 Financials

### Revenue \$9,775,836

- Government Grants 73%
- Patient Fees 10%
- Foundations & Donations 9%
- Fundraising 3%
- Investments 1%
- In-Kind Donations 4%



### Expenses \$8,952,650

- Clinic Services 87%
- Community Education 4%
- Fundraising 3%
- Administration 6%

## Thank you to Our Funders

Primary funding comes from the  
Texas Health and Human Services Commission,  
with additional support from:

- |  |  |
|--|--|
| Argosy Foundation                                    | Knapp Community Care Foundation              |
| Blue Cross Blue Shield                               | Methodist Healthcare Ministries              |
| City of McAllen Community<br>Development Block Grant | Peierls Foundation                           |
| Clayton Fund   | Texas Department of State Health<br>Services |
| Every Body Texas, Title X                            | Valley Baptist Legacy Foundation             |

Access Esperanza Clinics operates as a 501(c)(3) non-profit organization. Donations are tax deductible as allowed by law.

# Educating Our Community

**619** education & outreach events reached **25,282** adults & teens at:

- Colleges & Universities
- Businesses
- Flea Markets
- Vocational Schools
- Service Agencies
- Community Events
- Public Housing
- Parent Groups
- WIC Centers



Promotora peer educators walked door-to-door in colonias and urban neighborhoods visiting over **2,200** homes.



Promotora and RN Fela Macias gave media interviews, on Spanish TV news and Christian radio programs.

The Access for Sex Ed club at UTRGV educated over **2,700** college students.



Weekly flea market outreach in Donna, Alton, and Alamo reached **5,700** people.



Staff gave 91 presentations for **1,604** college students, parents, teachers, adults, and youth to discuss clinic services, birth control, STD prevention, and healthy relationships.

Over **120** volunteers assisted staff with outreach and materials preparation.



One last chance to prevent unplanned pregnancy!  
**2,500** people received free emergency contraception (Plan B) during outreach.

# Thank you to Our Annual Supporters

## Open MRI

### The Barony Foundation,

Dr. Antonio Esparza & Barbara Guerra

Gilda and Robert Bowen John Gonzalez, Jr. Ares Services

Debbie Sakulenzki Frost Bank Texas Regional Bank

Hector Guerra Heffner Design Team Pet Dr. 911

Nicole & Juan Carranza DHR Health

Diana & Ruben de Jesus The Hon. Fernando Mancias

UBEO Christina J. Lopez State Farm Insurance JUMAS

Ambiance Flowers and Rentals

Aissa Garza

Ann V. Millard Ph. D.

Chick-fil-A Mercedes

City of McAllen

Dale and Klein, LLP

Diana and Juan Pena

Dr. Fernando Otero

Dr. Fredricka Borland

Dr. Norma Garcia Otero

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