

*We're creating hope and opportunities for
brighter futures in our community.*

2021 Annual Report

2022 **Board of Directors**

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Our Centers



Rev. Mary English Clinic

916 E. Hackberry Ave. Ste. B, McAllen

Rev. Bruce Galloway Clinic

1201 N. Conway, Mission

Edinburg Clinic

302 Veteran's Boulevard

Weslaco Clinic

901 South James Street

Education and Administration

916 E. Hackberry Ave., Ste. A
McAllen, Texas 78501

Senior Staff

Patricio Gonzales, MSSW, LMSW

Chief Executive Officer

Melinda Cruz

Clinic Operations Director

Norma Garza

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Rachelle Chen

Lead Clinician

Kathryn Hearn

Community Services Director

Celeste Velasquez

Director of Grants & Evaluation

Martha Leos

Education Supervisor

Luis Heffner

Development Coordinator

The success of **Access Esperanza Clinics**

always been our people— our volunteers and staff who work to improve the quality of life for adults and teens in our community.

Members of the First United Methodist Church of Mission established our agency in 1964 to fill a void of affordable women's health care in our community.

Our Rev. Galloway clinic in Mission honors the visionary Methodist minister who opened our first clinic and helped establish our family planning clinics throughout Hidalgo County. In later years, we renamed our McAllen clinic to pay tribute to the late Rev. Mary English, a dedicated volunteer, Presbyterian minister, and hospital chaplain.



Patricio Gonzales,
MSSW-LMSW,
CEO

Investing in People

to plan their families, we all win with a healthier community and tax dollars saved.

Planning when and if to get pregnant empowers people to break the cycle of poverty, get an education, and take care of their families. We offer a hand up to a better quality of life.

Every \$1 of public money used for family planning programs like ours saves taxpayers over \$7 in Medicaid for Pregnant Women costs. (Guttmacher Institute).

Patients enrolled in our family planning programs would automatically qualify by income for Medicaid if they became pregnant.

Over 85 percent of agency revenue goes directly to program costs that benefit our local people- clinic services and community education.

Continuing the Legacy

Access Esperanza Clinics is the largest and oldest family planning agency along the south Texas border.

Our services are open to U.S. adults and teens, regardless of income, sexual orientation or identity.

Most patients receive care at little to no cost to them. For many of our patients, we are their only source of health care.



Serving Our Patients

13,988 people received health care at one of our four clinics in Hidalgo County.



The majority of patients were uninsured and qualified for free health services.

95% lived in low income households

72% lived within the poverty level

Patient Demographics

Latinx– 98%

Gender:

Female- **87%**

Male- **12%**

Trans or Non-

Binary- **under 1%**



Ages: 19 and younger- **7%**

20s- **46%** 30s- **28%**

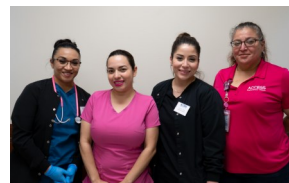
Over 40- **19%**

40% of patients had no children.

About a third of patients had 3 or more children.

10,720

patients received a wellness check up



that, as needed, included a health assessment, physical exam, vitals, with screenings and basic management for diabetes, high cholesterol, hypertension, and anemia.



11,139 patients received a clinical breast exam.

Patients with suspicious breast masses received free imaging services and an assessment by Dr. Borland, local surgeon.

4,797 female patients received a Pap test (females age 21 and older).

Pap tests identify cancer or precancer cells in the cervix. If found early, some cells may be removed before turning into cancer.



11,900 patients received STI testing (chlamydia, gonorrhea, syphilis)

79% of patients- Rapid HIV Test (results in 10 minutes)

Most Sought Contraceptive Methods:

- Birth Control Pill
- 3-Month Injection
- Implant (arm)
- IUD
- Condoms



Patients often received multiple cycles or a long-acting method, such as the arm implant or IUD at their first visit.

Over **10,000** patients developed a Reproductive Life Plan, based on their personal values, to set life goals and action steps about when and if to have children.

About **half** of patients in 2021 were new to Access Esperanza Clinics. Many new patients reported not receiving health care for the past three or more years.



About **half** of hormonal contraceptive users rely on their method, at

least in part, for reasons other than pregnancy prevention, including:

- Regulating Periods;
- Reducing Cramps, PMS, and Anemia;
- Relieving Endometriosis Symptoms;
- Preventing Ovarian Cysts;
- Clearing Up Skin; Preventing Unwanted Hair Growth;
- Help With Polycystic Ovarian Syndrome (PCOS); and
- Lowering the Risk of Ovarian and Endometrial Cancers.



Thank You, Medical Volunteers

Our Medical Director, Dr. Fernando Otero, and Breast Health Director, Dr. Fredricka Borland, have each dedicated over 15 years to serving our patients.

Their commitment to overseeing our medical programs enables us to provide a continually high level of preventive health care.



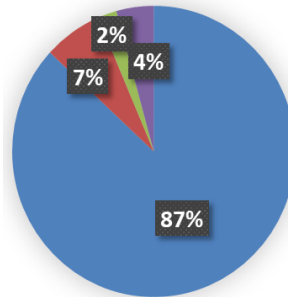
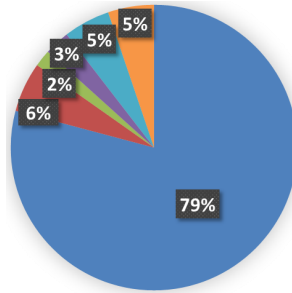
Dr. Fernando Otero
Medical Director

Dr. Fredricka Borland
Breast Health Director



2021 Revenue

- Government Grants
- In-Kind
- Investments
- Events
- Service Fees
- Private Foundations



2021 Expenses

- Clinics
- Administration
- Fund Raising
- Education

Thank You to Our Funders

**Primary funding comes from the
Texas Health and Human Services Commission,
with additional support by:**

**The Argosy Foundation
City of McAllen Community Development Block Grant
Every Body Texas
The Brown Foundation
The Clayton Fund
Knapp Community Care Foundation
Peierls Foundation
Raul Tijerina Foundation
Texas Department of State Health Services
Valley Baptist Legacy Foundation**

**Access Esperanza Clinics operates as a 501(c)(3) non-profit organization.
Donations are tax deductible as allowed by law.**

Educating Our Community



85
educational
presentations
about:

- Wellness for Teens and Adults
- Family Planning and Birth Control
- STD Testing and Prevention
- Breast Health
- Breast, Cervical, and Testicular Screenings
- LGBTQ+ Health
- Family Communication
- Healthy Relationships

**Followers on our social
media pages:**



3,651
Facebook



985
Instagram

429

outreach
events at:

- Colleges
- Businesses
- Flea Markets
- Door-to-Door in Low-Income Neighborhoods
- Vocational Schools
- Community Events
- Public Housing
- Parent Groups
- WIC Centers
- Social Service and Public Agencies



Promotora and RN, Fela Macias, led the “Un Momentito Para Ti” Spanish-language videos on social media to educate on preventive health care and healthy lifestyles.



*Fela Macias,
“Anticonceptivo de
emergencia”*

Access for
Sex Ed student
organization at
the UTRGV
campus reached
2,219 college
students in weekly educational
sessions and campus outreach.



AccessClinics.org

30,800 people visited our website
to learn about our clinic services
and sexual and reproductive health.

Appointment Requests

3,124 people

“Do I Qualify”
(digital tool about
free health services):
1,688 people



Thank You to Our Annual Supporters

Texas Regional Bank

Open MRI

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Frost

John Gonzalez, Jr.

Boggus Ford

James & Kathleen Collins

DHR Health

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